

Prayer prompts from WBC services

Palm Prayers 1: Draw around your hand
On one side, write 3 reasons to praise God
On the other side, write 3 things to ask for

Palm Prayers 2: Draw around your hand
And write in...
Thumb) your own name
Index) a country to pray for
Middle) someone you know
Ring) someone you don't know
Little) a thing to be thankful for

Find your own prompt 1

Find 3 things represent different cultures
and pray for justice for those cultures
Find 3 things that represent the future
and pray for hope
Find 3 things that help you pray and ask
God's blessing on them

Find your own prompt 2

Go and find the items first, then pray for
what they represent

1. Key workers (a key)
2. Those under medical care (medicine)
3. Residents in care homes (a cuddly toy)
4. Worried relatives (a phone)
5. Yourself (something to represent you)

Hold each one in turn while you pray

Find your own prompt 3

Go and find the items and then pray for
what they represent

1. God's Provision (food or drink, a candle or loo roll)
2. The World (newspaper, atlas, globe)
3. Knowing You're Loved (a card, blanket or cushion)
4. Key Workers (a hospital letter, shopping receipt/bag, waste bin)
5. Our Families, Households & Friends (your phone, a photo)

Find your own prompt 4

Resurrection theme

1. Find something circular to put things in (echoing the tomb and the rolled-away stone)
2. Find 3 things to put inside – indicating bringing resurrection power to them
 - a) something to represent you,
 - b) a thing representing someone else,
 - c) and something to represent a situation or country in the world

Go and Pray 1

- Go outside and speak aloud (if you dare) a prayer of thanks
- Go to your room and speak aloud a prayer of confession – a sorry prayer
- Go and find a bible, read Philippians 4:4-7 and speak aloud your requests to God, for others/for issues/for you

Pray for prayer

Think and write down your answers

- a) how do I need help from God in my prayer life?
- b) how can I support others prayers?
- c) what should I be praying for during this week?

Use these answers to shape your prayers

