

Daily devotions for  
2019



**Day 49**  
Looking at Life, part 1

### **Focusing on Jesus**

*“for the Lord your God goes with you; he will never leave you nor forsake you.”*

Deuteronomy 31:6

*“My grace is sufficient for you, for my power is made perfect in weakness.”*

2 Corinthians 12:9

I was given a task; something I'd never done before, so I had absolutely no experience. I felt way out of my comfort zone, and my instinct was to refuse. We sat discussing the task, and all that kept going around in my mind was “I can't”. Why me? My next thought was to ask myself, “Is God saying something to me? What if I miss a lesson or blessing? What if I don't produce what has been asked of me?” I had to try!

Learning something new can sometimes feel overwhelming, and daunting. To be totally honest, I felt sick to my stomach; I had many almost sleepless nights with a million thoughts running through my head, and exhausting days. For me, the first and most important step was to be willing, and to remember that God promised to never leave us nor forsake us; His grace would be sufficient for us!

Keeping Jesus as the reason and focus for decisions, actions and what we say helps. It's a bit like driving; if we don't focus on what's ahead, or where we want to go, and get too distracted by things in our peripheral vision, it could very well end in disaster. The same applies in our daily lives.

Do we have an idea of where we want to be, or what direction we want to head in? Are we focused on what we need to do to get there, how to plan our time, or are we too distracted by the daily norms; family, chores, friends, TV, etc.? What is God's plan for me (you)? Do we need to re-arrange things in our lives, or sacrifice anything, in order to focus on Jesus, and to be in alignment with His plans for us?

Learning to focus is an entire lesson in itself and will require the willingness to persevere; it can be tough, but we can do it! Parents & teachers support children in their lifetime of learning and encourage them to persevere. Our loving and gentle Heavenly Father (divine parent) does the same for us, throughout every step of the way, providing the 'maps' and tools we will need, more so during the bumpiest, darkest, and most difficult times in our journey. When I struggle to focus on Jesus, or cope with the goings on in my life, I close my eyes, imagine Jesus and all He's done for me; I sing or recite the following words to help me regain focus. It really helps, I promise!

*“Turn your eyes upon Jesus, look full in His wonderful face,  
and the things of earth will grow strangely dim, in the light of His glory and grace.”*

**Prayer**